

Comprehensive Integrated Inpatient Rehabilitation Program

January - December 2025 Outcomes

Characteristics of Persons Served

Age Group	Number of Patients	%
16 - 17 (<18)	13	1%
18 - 44	306	24%
45 - 64	443	35%
65 - 74	274	22%
75 +	223	18%
Average Age	56.9	

Number of Persons Served	Number of Patients	%
Stroke	300	24%
Brain Injury	282	22%
Spinal Cord Injury	271	22%
General Rehab	405	32%
Total	1,258	

 782 Males (62%)  476 Females (38%)

Average number of therapy hours: Persons served receive an average of **three hours of therapy per day over a five-day therapy week**. This includes time spent in physical, occupational, and speech therapy. In addition, persons served may receive music therapy, recreational therapy, and psychology services.

Discharge disposition: At the time of discharge, **80% of persons returned back to a community setting**.

Functional Improvement

We track how much you improve in two important areas during your stay:

- **Self-care** - your ability to perform activities like bathing, dressing, eating, and grooming
- **Mobility** - your ability to move around safely, including walking, transferring, and getting in and out of bed

We compare your abilities when you first arrive to your abilities when you leave, to see how much progress you've made.

Our results are shown as percentages. These percentages reflect how much of the expected progress you made during your stay.

- **Self-care attainment: 96.5%** *(This means that, on average, patients achieved 96.5% of their expected improvement in daily self-care activities.)*
- **Mobility attainment: 98.0%** *(This means that, on average, patients achieved 98% of their expected improvement in movement and mobility.)*

Patient satisfaction: Based on the results of our last patient satisfaction survey, 95% of persons served were likely to recommend our hospital to a family member or friend.

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Unplanned discharges to acute medical facility = 9.29%

Patients sometimes may need to return to the hospital unexpectedly due to a medical issue that requires a higher level of care. We closely monitor how often this happens, as part of measuring the effectiveness and safety of our program.

An **unplanned discharge to an acute medical facility** means that a patient needed to leave our program before completion to receive immediate medical treatment.

We review each of these cases to understand what happened and identify ways that we can improve care, help prevent complications, and keep patients as safe and healthy as possible during their stay.

Three-month follow-up: Three months after discharge, the patients we served receive a follow-up phone call to assess how well they are functioning following their rehab stay. At three months after discharge:

- Over 90% of persons served are living in the community.
- 93% say they have maintained their progress or have continued to improve.
- 60% say they are satisfied with their ability to get out and participate in community activities such as shopping, attending appointments, and going out to eat.