

UAB SPAIN REHABILITATION CENTER

MEET THE TEAM

CONDITIONS TREATED

- ▶ Brain injury
- ▶ Spinal cord injury
- ▶ Stroke
- ▶ Amputations
- ▶ Neurological disorders
- ▶ Burns
- ▶ Multiple traumas
- ▶ Musculoskeletal and Orthopaedic/Sports-Related conditions

Rehab Admissions Team

These professionals are responsible for the safe and efficient transition of patients into inpatient rehabilitation care. They are usually the first to introduce patients to the idea of inpatient rehabilitation.

Physiatrists

Physiatrists are physicians who specialize in physical medicine and rehabilitation (PM&R). They develop programs to help patients with disabilities, injuries, or chronic health conditions lead more functional and fulfilling lives.



Neuropsychologists and Rehabilitation Psychologists

This team includes rehabilitation psychologists, neuropsychologists, psychotherapists, and psychometrists. They

provide services such as neuropsychological testing and psychotherapy, as well as counseling and education for both patients and family members/caregivers.



Occupational Therapists

Occupational therapists work to improve patients' overall function, to enhance their quality of life and help them return to

their homes and communities. This includes maximizing their ability to perform activities of daily living and self-care tasks such as dressing and bathing. They also provide a wide range of skills training and instruction on using adaptive and assistive devices more effectively.

UAB Spain Rehabilitation Center – Meet the Team



Physical Therapists

Physical therapists work with patients to maximize independence and mobility. This ranges from low-level tasks such as getting in and out of bed to

walking and navigating stairs. They focus on improving strength, balance, and range of motion, along with educating and training caregivers who will assist patients after discharge.

Rehabilitation Nurses

These nurses develop care plans and provide care 24/7. Working as part of a team, they also provide specific education on bowel and bladder training, nutritional support, skin care, and medications, to help prepare for a safer discharge home.



Speech Therapists

Speech therapists assess and treat speech-language disorders and swallowing issues, along with helping improve social

and cognitive communication. They may recommend alternative communication systems for patients with severe speech and/or comprehension impairment.

Therapeutic Recreation Specialists

These specialists help patients overcome barriers to starting or resuming leisure activities that improve their quality of life. They also recommend adaptive/alternative methods and helpful community resources.

Rehabilitation Case Managers

These professionals help patients and their families set goals to be integrated into the treatment plan. They also help coordinate care, communicate with insurance companies about coverage for rehabilitation services, and educate patients and caregivers on available support resources after discharge.



Orthotists and Prosthetists

Orthotists and prosthetists design and create customized medical devices for patients and help ensure a proper, comfortable

fit. These include artificial limbs, braces, and supportive devices.

Music Therapists

Our board-certified music therapists have different backgrounds, skills, and experiences that help them evaluate and treat patients based on their specific needs and preferences. They serve patients with a wide variety of diagnoses and conditions, in multiple areas throughout UAB Medicine.